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ABSTRACT

This paper provides the results of a 1993 survey of 2,684 New Hampshire high school students in regard to risk taking, personal violence, suicide, tobacco use, alcohol abuse, drug abuse, acquired immune deficiency syndrome (AIDS) education, sexual activity, nutrition, and exercise. It found that in the preceding 30 days, 10.8 percent of students had driven a car while they had been drinking alcohol; 5.8 percent had carried a gun on one or more of the preceding 30 days; 26.1 percent had seriously considered attempting suicide in the preceding 12 months; 10.1 percent of the students had actually attempted suicide in the preceding 12 months; 31.4 percent of the students smoked cigarettes regularly; 20.9 percent of the students had used marijuana one or more times during the preceding 30 days; 7.7 percent of the students engaged in sexual intercourse for the first time prior to age 13; 64.5 percent of the female students were trying to lose weight, as opposed to 21.9 percent of the male students; and 65 percent of the students had participated in exercise or sports for 3 or more of the preceding 7 days. Other results are also presented. (MDM)

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ED 388 435

PRELIMINARY YOUTH RISK BEHAVIOR SURVEY RESULTS - 1993

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STUDENTS SURVEYED				GRADE				RACE/ETHNICITY			
Males	N	=	1,290	9th	N	=	705	White	N	=	2,510
Females	N	=	1,389	10th	N	=	833	Black	N	=	16
Missing	N	=	5	11th	N	=	650	Hispanic	N	=	33
				12th	N	=	493	Other	N	=	111
				Other/ Missing	N	=	3	Missing	N	=	14
TOTAL			2,684	TOTAL			2,684	TOTAL			2,684

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RISK TAKING AND SAFETY

27.0% of the students always wore a seat belt when riding in a car driven by someone else.

31.4% of the students rode a motorcycle one or more times during the past 12 months.

50.8% of the students who rode a motorcycle during the past 12 months, always wore a motorcycle helmet.

81.3% of the students rode a bicycle one or more times during the past 12 months.

2.5% of the students who rode a bicycle during the past 12 months, always wore a bicycle helmet.

30.8% of the students, in the past 30 days, rode one or more times in a car or other vehicle driven by someone who had been drinking alcohol.

10.8% of the students, in the past 30 days, drove a car or other vehicle one or more times when they had been drinking alcohol.

20.0% of the students have carried a weapon such as a gun, knife, or club on one or more of the past 30 days.

5.8% of the students carried a gun on one or more of the past 30 days.

11.5% of the students have carried a weapon such as a gun, knife or club on school property on one or more of the past 30 days.

3.9% of the students did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school.

6.8% of the students have been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months.

29.4% of the students had property such as a car, clothing, or books, stolen or deliberately damaged on school property one or more times during the past 12 months.
31.4% males; 27.5% females

52.3% of the students never or rarely had adult or lifeguard supervision when swimming in places such as a pool, lake, or ocean during the past 12 months.

PS 023754

PERSONAL VIOLENCE

36.9% of the students were in a physical fight one or more times during the past 12 months.
44.7% males; 29.2% females

37.3% of the students fought with a friend or someone they knew; a boyfriend, girlfriend, or date; or a parent, brother, sister, or other family member the last time they were in a physical fight.
40.7% males; 33.8% females

4.7% of the students were injured in a physical fight and had to be treated by a doctor or nurse one or more times during the past 12 months.
5.7% males; 3.6% females

14.5% of the students were in a physical fight on school property one or more times during the past 12 months.
19.7% males; 9.1% females

SUICIDE

26.1% of the students seriously considered attempting suicide during the past 12 months.
18.5% males; 34.0% females

21.0% of the students made a plan about how they would attempt suicide during the past 12 months.
15.1% males; 27.1% females

10.1% of the students actually attempted suicide one or more times during the past 12 months.
6.0% males; 14.3% females

2.8% of the students who attempted suicide resulting in an injury, poisoning, or overdose that had to be treated by a doctor or nurse during the past 12 months.
1.8% males; 3.8% females

SUBSTANCE ABUSE

Cigarette Smoking and Tobacco Products

69.8% of the students ever tried cigarette smoking, even one or two puffs.
72.6% males; 66.8% females

27.2% of the students smoked a whole cigarette for the first time prior to age 13.

31.4% of the students smoked cigarettes regularly, that is, at least one cigarette every day for 30 days.

9.5% of the students started smoking cigarettes regularly (at least one cigarette every day for 30 days) prior to age 13.

35.6% of the students smoked cigarettes on one or more of the past 30 days.
36.1% males; 35.1% females

26.1% of the students smoked 2 or more cigarettes per day on the days they smoked.

17.3% of the students smoked cigarettes on school property on one or more of the past 30 days.
18.4% males; 16.1% females

20.2% of the students tried to quit smoking cigarettes during the past 6 months.

11.8% of the students used chewing tobacco such as Redman, Levi Garrett, or Beechnut, or snuff, such as Skoal, Skoal Bandits, or Copenhagen, during the past 30 days.
19.5% males; 3.8% females

5.7% of the students used chewing tobacco, such as Redman, Levi Garrett, or Beechnut, or snuff, such as Skoal, Skoal Bandits, or Copenhagen on school property during the past 30 days.

ALCOHOL ABUSE

31.0% of the students had their first drink of alcohol other than a few sips prior to age 13.
36.1% males; 25.8% females

80.7% of the students had at least one drink of alcohol on one or more days during their life.
81.3% males; 80.0% females

49.5% of the students had a least one drink of alcohol on one or more of the past 30 days.
51.8% males; 47.0% females

30.8% of the students had 5 or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days.
34.5% males; 26.8% females

4.1% of the students had at least one drink of alcohol on school property on one or more of the past 30 days.
5.2% males; 3.0% females

DRUG ABUSE

7.0% of the students tried marijuana for the first time prior to age 13.

36.1% of the students used marijuana one or more times during their life.
40.1% males; 31.9% females

20.9% of the students used marijuana one or more times during the past 30 days.

5.7% of the students used marijuana on school property one or more times during the past 30 days.
7.3% males; 4.0% females

1.1% of the students tried any form of cocaine, including powder, crack or freebase, for the first time prior to age 13.

6.1% of the students used any form of cocaine, including powder, crack, or freebase one or more times during their life.
7.7% males; 4.3% females

2.2% of the students used any form of cocaine including powder, crack or freebase one or more times during the past 30 days.

3.8% of the students used the crack or freebase forms of cocaine one or more times during their life.

19.1% of the students used any other type of illegal drug, such as LSD, PCP, ecstacy, mushrooms, speed, ice, heroin, or pills without a doctor's prescription one or more times during their life.
20.6% males; 17.4% females

2.5% of the students took steroid pills or shots without a doctor's prescription one or more times during their life.

1.9% of the students injected (shot up) any illegal drug during their life.
2.3% males; 1.5% females

25.7% of the students have had someone offer, sell, or give them an illegal drug on school property during the past 12 months.

HIV EDUCATION

91.1% of the students were taught about AIDS/HIV infection in school.
91.0% males; 91.3% females

65.6% of the students talked about AIDS/HIV infection with their parents or other adults in their family.
59.2% males; 72.1% females

SEXUAL ACTIVITY OF RESPONDENTS

54.3% of the students stated they have had sexual intercourse.
55.8% males; 52.7% females

Grade:	9th	41.7%
	10th	48.0%
	11th	58.9%
	12th	71.7%

7.7% of the students had sexual intercourse for the first time prior to age 13.
10.4% males; 5.0% females

15.9% of the students had sexual intercourse with 4 or more people during their life.
15.9% males; 15.7% females

1.7% of the students had sexual intercourse with 4 or more people during the past 3 months.
2.9% males; 0.5% females

11.6% of the students drank alcohol or used drugs before last sexual intercourse.
13.6% males; 9.5% females

51.1% of the students who had sexual intercourse during the past 3 months, used or their partner used a condom during last sexual intercourse.
57.2% males; 45.7% females

24.3% of the students who had sexual intercourse during the past 3 months, used or whose partner used birth control pills to prevent pregnancy during last sexual intercourse.
18.9% males; 29.1% females

4.1% of the students had been pregnant or gotten someone pregnant one or more times.
3.7% males; 4.5% females

3.3% of the students had ever been told by a doctor or nurse that they had a sexually transmitted disease such as genital herpes, genital warts, chlamydia, syphilis, gonorrhea, AIDS, or HIV infection.
2.9% males; 3.6% females

Grade:	9th	2.7%
	10th	2.5%
	11th	3.0%
	12th	5.1%

NUTRITION

45.7% of the students thought of themselves as about the right weight.
52.6% males; 38.5% females

43.0% of the students were trying to lose weight.
21.9% males; 64.5% females

49.6% of the students dieted, exercised, or exercised and dieted to try to lose weight or keep from gaining weight during the past 7 days.
33.2% males; 66.4% females

3.9% of the students made themselves vomit, took diet pills, or made themselves vomit and took diet pills to lose weight or keep from gaining weight during the past 7 days.
1.6% males; 6.1% females

64.9% of the students ate fruit one or more times yesterday.

69.3% of the students drank fruit juice one or more times yesterday.

31.0% of the students ate green salad one or more times yesterday.

53.3% of the students ate cooked vegetables one or more times yesterday.

34.7% of the students ate hamburger, hot dogs, or sausage one or more times yesterday.

48.4% of the students ate french fries or potato chips one or more times yesterday.

59.4% of the students ate cookies, doughnuts, pie, or cake one or more times yesterday.

EXERCISE

65.0% of the students exercised or participated in sports activities for at least 20 minutes that made them sweat and breathe hard, such as basketball, jogging, fast dancing, swimming laps, tennis, or similar aerobic activities for 3 or more of the past 7 days.

52.3% of the students did stretching exercises, such as toe touching, knee bending, or leg stretching during 3 or more of the past 7 days.

50.3% of the students did exercises to strengthen or tone their muscles, such as push-ups, sit-ups, or weight lifting during 3 or more of the past 7 days.

35.8% of the students walked or bicycled for at least 30 minutes at a time on 3 or more of the past 7 days.

46.5% of the students went to physical education (PE) class one or more days in an average school week.

39.0% of the students spent more than 20 minutes actually exercising or playing sports during an average physical education (PE) class.

50.3% of the students played on one or more sports teams run by their school, not including PE classes, during the past 12 months.

38.7% of the students played on one or more sports teams run by organizations outside their school during the past 12 months.

END